

Saturdays

24th Sept, 15th Oct and 19th Nov 2022

10am—4pm

Fee : £135 for 3 Saturdays

Tutor : Sally Tilley



For all those interested in dressmaking from complete beginners to the more experienced wanting to brush up their skills.

You will learn how to make basic pattern alterations, cut out, assemble and fit their garments. As well as this you will be taught basic dressmaking techniques and make samples to practice your skills. There will be plenty of help with lockstitch sewing machines if required. More advanced learners will be encouraged to make more complicated garments.

Students will:

- understand and learn how to fit a garment
- use a lockstitch sewing machine
- appreciate how to use a variety of fabrics
- understand how to use a dressmaking pattern
- learn how to assemble a garment in the correct order
- learn and practice a variety of dressmaking skills eg inserting zips, attaching collars, cuffs, pockets, buttons and button holes, hems etc.

About Your Tutor

Sally Tilley

I have been dressmaking domestically and commercially for the past 20 years. I studied at Loughborough College of Art and worked briefly as a fashion designer before moving into teaching textiles. Since leaving the industry, I have continued to take on commission work and teach dressmaking and pattern cutting courses.

What you need to bring to the first session

A4 folder- to hold all your samples and handouts, very useful as a reference when you start dressmaking at home.

Fabric- One metre of fabric to make your samples. Calico, cotton poplin or an old quilt cover would be ideal.

Pattern for a garment- If you are a complete beginner choose a “**Very Easy**” pattern from the New Look, McCall's or Simplicity ranges. I would advise not to buy a “very easy” Vogue as they are not normally that easy.

Fabric suitable to make the garment plus thread, zip, elastic buttons etc. If you would like to discuss this before you choose a pattern I will be happy to assist.

Sewing machines- some are available at the College but feel free to bring your own (if over a year it will need a valid PAT Certificate). However only the most basic sewing machine is required for dressmaking as the stitches you need to use are basic straight stitch and a zigzag for neatening seams.

Scissors- Dressmaking scissors with long blades are ideal for cutting out fabric and a small pair of scissors, with short pointed blades, are ideal for cutting sewing thread and trimmings.

Pins- steel if possible. **Tape Measure-** Dressmakers tape measure to take personal measurements and measure fabrics.

Hand sewing needles- A selection of sewing needles are essential for tacking and finishing your samples.

Additional costs

Fabric, pattern, dressmaking shears, stitch scissors, steel pins, metric tape measure, fabric for samples and an A4 folder.

How to book

You may enrol by:

- Phone: 01954 288751
- Email: community@astreacottenham.org

Course fees are payable in full at the time of booking. Bookings and course fees must be made at least 5 working days before the start of the course.

Ways to pay

- Payment can be taken by cheque, payable to Astrea Academy Trust or by credit/debit card in person at Cottenham Village College.
- Credit/debit card payments can be taken over the telephone on 01954 288751

Please note refunds can only be made if a class is cancelled or closed.

Terms and Conditions

Full terms and conditions can be found on our website:
<http://community.cvcweb.net/home/learner-information>

Equalities Statement

The Trust operates an Equality of Opportunity Policy. We believe everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a learning community based on mutual respect and trust. Please contact us in confidence to discuss any support you may need.