

**Saturday 19th  
November 2022**

10am—4pm

Fee : **£45** plus ingredients

**Tutor : Mina Joshi**



The workshop will teach you how to cook a traditional Indian meal including mixed vegetable pakoras – once you make these at home, you will never buy ready made ones; naan bread and mixed vegetable curry.

This is a cook along class where you will be shown the authentic way to make one pakoras, naan bread, mixed vegetable curry and a tomato dip from scratch using locally sourced ingredients.

- You will learn how to make traditional pakoras and a tomato dip
- You will learn how to make the mixed vegetable curry from scratch.
- You will also learn how to make perfect naan bread

You will also get lots of tips, information about spices and equipment needed for traditional Indian cooking.

## About Your Tutor

Since June 2011, I am also a featured writer for the online City Connect magazine. I write recipes under the Taste of India Series.

Since January 2014, I have been teaching vegetarian and vegan Indian cookery to adults and my blog includes some of the fun we have cooking in my class.

Cooking is only fun if you can share what you cook with people you enjoy being with. I feel very blessed that my family are very supportive of my hobby.

## What you need to bring to the first session

A full list of ingredients will be provided a couple of weeks before the class. All ingredients will be available locally.

A full list of equipment will be provided when we know the course is going ahead—which hopefully you will already have in your kitchen.

## How to book

You may enrol by:

- Phone: 01954 288751
- Email: [community@astreacottenham.org](mailto:community@astreacottenham.org)

Course fees are payable in full at the time of booking. Bookings and course fees must be made at least 5 working days before the start of the course.

## Ways to pay

- Payment can be taken by cheque, payable to Astrea Academy Trust or by credit/debit card in person at Cottenham Village College.
- Credit/debit card payments can be taken over the telephone on 01954 288751

Please note refunds can only be made if a class is cancelled or closed.

## Terms and Conditions

Full terms and conditions can be found on our website:  
<http://community.cvcweb.net/home/learner-information>

## Equalities Statement

The Trust operates an Equality of Opportunity Policy. We believe everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a learning community based on mutual respect and trust. Please contact us in confidence to discuss any support you may need.